

Memorandum of Understanding

Between

The Canadian Armed Forces

(As Represented by the Commander National Cadet and Junior Canadian Rangers Support Group)

and

The Duke of Edinburgh's International Award - Canada

(As Represented by the National President of the Duke of Edinburgh's International Award - Canada)

Concerning

Receipt of The Duke of Edinburgh's International Award - Canada

1. Introduction:

1.1 The **Duke of Edinburgh's International Award Program** is a long-standing international award program for youth from age 14-24. It aims at encouraging community service and self-improvement by providing an award framework that recognizes certain activities. The award includes three levels of recognition; bronze, silver and gold. The bronze and silver levels require the recipient to have completed four components of the program, namely volunteer community service, developing a hobby or skill, participation in physical fitness activities and outdoor overnight expeditions or adventurous journey. For the gold level, the recipient also has to complete a fifth component; a gold project that requires the youth to undertake a shared activity away from home, over a period of no less than five days/four nights.

1.2 The **Canadian Cadet Organizations** (including the Cadet and the Junior Canadian Rangers Programs) are federally sponsored programs for young Canadians ages 12 to 18 who are interested in participating in a variety of challenging and rewarding activities, and learning more about the Canadian Armed Forces. Cadets and Junior Canadian Rangers (JCRs) are encouraged to become active and responsible members of their communities. They learn valuable life and work skills like teamwork, leadership, and citizenship. Cadets and JCRs also reap the personal benefits of increased self-confidence and physical fitness, learning how to take initiative, and how to make decisions. Cadets and JCRs make valuable contributions to Canadian society on a daily basis in terms of environmental, citizenship and community activities.

1.3 The three aims of the Cadet Program are to:

- a. develop in youth the attributes of good citizenship and leadership;
- b. promote physical fitness; and
- c. stimulate the interest of youth in the sea, land and air activities of the Canadian Armed Forces.

1.4 The objectives of the JCR Programme are to:

- a. impart traditional community skills;
- b. impart life skills; and
- c. impart Ranger skills.

2. Objectives and Scope:

2.1 The Duke of Edinburgh's International Award is widely recognized and regarded by employers and those involved in education. Some of the benefits of the Award include developing or discovering a sense of achievement in recipients; new skills and interests; self-confidence and self-reliance; leadership skills and abilities; exciting opportunities; friendship; experience of teamwork, problem-solving and decision-making; increased motivation; enhanced self-esteem; development of communication skills; a network of local, national and international connections; enjoyment. Given that the goals and principles of The Duke of Edinburgh's International Award Program complement those of the Canadian Cadet Organizations (CCO) a National Arrangement will be introduced to enhance cooperation between The Duke of Edinburgh's Award International Award – Canada and the National Cadet and Junior Canadian Rangers Support Group.

2.2 Liaison between the CCO and The Duke of Edinburgh's International Award – Canada will be established as follows:

- a. the National Cadet and Junior Canadian Rangers Support Group will appoint the National Headquarters Chief of Staff to interface directly with the Executive Director of the Duke of Edinburgh's International Award – Canada;
- b. each Regional Cadet Support Unit / Canadian Ranger Patrol Group will appoint award coordinators to liaise with Duke of Edinburgh's Award Program representatives at the Provincial / Territorial level. Normally, this appointee will be the applicable J3 Area OIC / JCR Trg O. The Duke of Edinburgh's Award Program intends to provide required training to CCO award coordinators; and
- c. each participating Corps / Squadron / Patrol is encouraged to appoint a Unit Award Leader. Where none is available, the J3 Area OIC / CRPG may choose to appoint a Zone Trg O / CRPG staff member. Unit Award Leaders will assist participants and ensure all requirements of the award have been met. The Duke of Edinburgh's Award Program intends to provide required training to CCO award leaders.

Note: Zone Trg Os / CRPG staff will work with corps / squadrons / patrols to coordinate multi-unit adventurous journeys where possible in order to streamline resources and reduce barriers to participants.

2.3 National Cadet and Junior Canadian Rangers Support Group will fully respect the Duke of Edinburgh's International Award requirements as outlined in Annex A.

2.4 The Duke of Edinburgh's International Award – Canada concurs with the equivalencies outlined in Annex B. Furthermore, where The Award is a leisure time activity program, equivalencies obtained through cadet training, where the

participant/cadet is employed and paid by DND, will not qualify (eg, a cadet who is employed as a staff cadet, will not be given credit for "service" where they received payment for that service nor for an "expedition" where they received payment for that expedition). This would not include course cadets who receive a training bonus.

2.5 National Cadet and Junior Canadian Rangers Support Group will use the official Duke of Edinburgh's International Award - Canada paper record book / online record book (ORB) for Cadet and JCR participants, as applicable, by Division. Divisions will be responsible for assessing and approving Awards.

2.6 With respect to the use of intellectual property, both the CCO and the Duke of Edinburgh's International Award – Canada intends to seek concurrence before using Name, Logo and Materials for the purposes of running the Award Programme in any particular location.

2.7 Participation in approved CCO activities results in the extension of existing insurance policies available through the Department of National Defence and / or the Navy League of Canada, Army Cadet League of Canada and Air Cadet League of Canada where applicable.

2.8 The participants acknowledge that all CCO personnel who supervise Cadets and JCRs (whether members of the CAF or civilian volunteers) are required to undergo and maintain current Police Record Checks (PRC) and Vulnerable Sector Screening (VSS), as required by the Cadet Administrative Training Order 23-07, DAOD 5002-1, and the National Defence Security Policy.

2.9 The Participants acknowledge that notwithstanding the wording used in this MOU, neither the MOU as a whole nor any of its parts taken separately are, or ever have been, intended to be a contract and no contractual obligations are incurred by the Participants as a result of the existence of this MOU.

2.10 This MOU is in no way intended to be a procurement instrument. Any material procurement resulting from, or required by, the implementation of the MOU must be accomplished in accordance with the applicable procurement laws, regulations and financial authorities.

3. Financial Arrangements:

3.1 This MoU will not impose any financial responsibilities on its participants, except that each participant will be responsible for the funding cost it incurs in its own interest, related to the support of the MoU.

3.2 Notwithstanding sentence 3.1, there will be a participant registration fee required of individuals for each level of the award. The Duke of Edinburgh's International Award – Canada will set this registration fee.

4. Settlement of Disputes:

4.1 Any disputes arising as a result of the interpretation or implementation of this MOU will be resolved only by consultation by the Participants and will not be referred to a national or international tribunal or any other third party for resolution.

5. Amendment:

5.1 The National Cadet and Junior Canadian Rangers Support Group and the Duke of Edinburgh's International Award – Canada will review and update this MOU when considered necessary.

5.2 This MOU may be amended only with the Participants mutual, written consent.

6. Duration, Withdrawal and Termination:

6.1 This MOU will remain in effect until 31 March 2023.

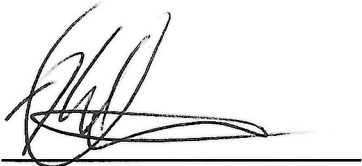
6.2 Either Participant may withdraw from this MOU with 90 days prior written notice to the other.

6.3 This MOU may be terminated, effective immediately, by mutual written consent of the Participants.

7. Effective Date and Signature:

7.1 This MoU becomes effective on the date of the later signature.

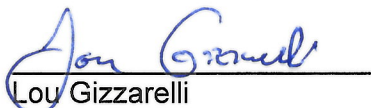
FOR THE CANADIAN ARMED FORCES:



K.L. Woiden, OMM, CD
Brigadier-General
Commander National Cadet and Junior Canadian Rangers Support Group

Date: Sept 11, 2017

FOR THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD – CANADA



Lou Gizzarelli
National President
Duke of Edinburgh's International Award - Canada

Date: Sept 11, 2017

The Duke of Edinburgh's International Award – Canada Award Requirements

Award Level & Age Requirements	Service	Skills <small>(activity must be passive and/or non-athletic in nature)</small>	Physical Recreation <small>(activity must be active and/or athletic in nature)</small>	Adventurous Journey <small>(For other Adventurous Journeys you must be 18 or older and project must be preapproved in advance)</small>	Residential Project <small>(must be 16 years of age to embark on Residential Project in order qualify for Gold level)</small>
	To understand the value of giving service to others in participants' communities	To encourage the development of personal interests, creativity of practical skills	To encourage participation in sport and physical recreation for the improvement of health and fitness	To encourage a spirit of adventure and discovery while undertaking a journey in a group	Additional requirement completed at Gold level to broaden participants' experience through involvement with others unknown to them in a residential setting.
BRONZE Minimum start age 14. Complete 4 sections as indicated.	13 weeks Average of one hour per week dedicated to each activity over the time period Plus an additional 13 weeks in either: Service, Skills or Physical Recreation. Participants select which section the extra weeks will be dedicated towards.	13 weeks Average of one hour per week dedicated to each activity over the time period Plus an additional 13 weeks in either: Service, Skills or Physical Recreation. Participants select which section the extra weeks will be dedicated towards.	13 weeks Average of one hour per week dedicated to each activity over the time period Plus an additional 13 weeks in either: Service, Skills or Physical Recreation. Participants select which section the extra weeks will be dedicated towards.	Preliminary training: Practice Journey 1 day Qualifying Journey: 2 days + 1 night 6 hours of purposeful effort per day	n/a****
SILVER Minimum start age 15. Complete 4 sections as indicated.	26 weeks Average of one hour per week dedicated to each activity over the time period If a Direct Entrant to the Award (have not achieved Bronze) then an extra 26 weeks is required in either: Service, Skills or Physical Recreation. Participants select which section the extra weeks will be dedicated towards.	26 weeks Average of one hour per week dedicated to each activity over the time period If a Direct Entrant to the Award (have not achieved Bronze) then an extra 26 weeks is required in either: Service, Skills or Physical Recreation. Participants select which section the extra weeks will be dedicated towards.	26 weeks Average of one hour per week dedicated to each activity over the time period If a Direct Entrant to the Award (have not achieved Bronze) then an extra 26 weeks is required in either: Service, Skills or Physical Recreation. Participants select which section the extra weeks will be dedicated towards.	Preliminary training: Practice Journey 2 days + 1 night Qualifying Journey 3 days + 2 nights 7 hours of purposeful effort per day	n/a****
GOLD Minimum start age 16. Complete 5 sections as indicated.	52 weeks Average of one hour per week dedicated to each activity over the time period If a Direct Entrant to the Award (have not achieved Silver) then an extra 26 weeks is required in either: Service, Skills or Physical Recreation. Participants select which section the extra weeks will be dedicated towards.	52 weeks Average of one hour per week dedicated to each activity over the time period If a Direct Entrant to the Award (have not achieved Silver) then an extra 26 weeks is required in either: Service, Skills or Physical Recreation. Participants select which section the extra weeks will be dedicated towards.	52 weeks Average of one hour per week dedicated to each activity over the time period If a Direct Entrant to the Award (have not achieved Silver) then an extra 26 weeks is required in either: Service, Skills or Physical Recreation. Participants select which section the extra weeks will be dedicated towards.	Preliminary training: Practice Journey 2 days + 1 night Qualifying Journey 4 days + 3 nights 8 hours of purposeful effort per day	5 days + 4 nights
Examples	Voluntary work with seniors, challenged youth, homeless groups etc. School activities with peers, student council, year book, etc.	Music, computer programming, crafts, graphic arts, life skills, collections, etc. Must be a passive rather than active undertaking.	Individual or team activities such as soccer, karate, fencing, swimming, hockey, basketball, ballet, dance, skiing, yoga, cycling, badminton, etc. *If you break a sweat it counts!	Expedition: bicycle, canoe, kayak, hike, horseback snowshoe, etc. Exploration: should be of an environmental or historic nature	Training courses, student exchanges, cultural or service projects, conferences, etc

Participants must be registered with their Division before starting their Award
 Participants to complete all sections at one level before progressing on to the next level
 ****Participants must be at least 16 years of age to embark on their Residential Project.
 Revised August 24th, 2016

Annex B

Royal Canadian Air Cadets – D of E Program Equivalencies

Expeditions

- M190.01 – Pack Personal Equipment for a Field Exercise
- M190.02 – Maintain Personal Equipment and Hygiene in the Field
- M190.07 – Erect, Tear Down and Pack Tents
- C190.05 – Identify Environmental injuries
- M290.02 – Constructed a Lean-to-Shelter
- M290.05 – Identify Hiking Techniques
- M390.03 – Determine Grid References
- M390.04 – Determine Distance on a Map and on the Ground
- C390.01 – Identify Types of Maps
- C390.04 – Orient a Map Using a Compass
- M390.01 – Identify Parts of the Compass
- M390.05 – Determine Bearings on a Map and on the Ground
- C390.05 – Calculate Magnetic Declination
- M490.01 Assemble an Emergency Survival Kit
- M490.02 – Operate a Stove and a Lantern
- C390.12 – Perform Minor First Aid in a Field Setting

Service

- M102.01 – Perform Community Service
- C102.01 – Participate in a Ceremonial Parade
- C102.02 – Perform Community Service
- C120.03 – Contact a Canadian Forces Member on Deployment
- M202.01 – Perform Community Service
- M302.01 – Perform Community Service
- M309.07 – Instruct a 15-Minute Lesson
- C309.03 – Instruct a 15-Minute Lesson
- C309.06 – Instruct a 15-Minute Drill Lesson
- M402.01 – Perform Community Service
- M409.05 – Instruct a 30-Minute Lesson
- C409.02 – Instruct a 30-Minute Lesson
- C409.03 – Act as an Assistant Instructor
- C409.05 – Act as an Assistant Drill instructor
- C409.06 – Instruct a 30-Minute Lesson
- 502PC – Perform Community Service
- 503PC – Lead Cadet Activities
- 509 PC – Instruct Cadets

Physical Fitness

- M105.01 – Participate in Physical Activities
- C105.01 – Participate in Physical Activities
- C105.02 – Participate in an Organized Intramural Sports Event
- C105.03 – Participate in an Orienteering Event
- M108.01 – Adopt the Position of Attention, Stand at Ease, and Stand Easy
- M108.02 – Execute a Salute at the Halt without Arms
- M108.03 – Execute Turns at the Halt

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- M108.04 – Close to the Right and Left
- M108.05 – Execute Paces Forward and to the Rear
- M108.06 – Execute the Movements Required for Right Dress
- M108.07 – Execute an Open Order and Close Order March
- M108.08 – March and Halt in Quick Time
- M108.09 – Execute Marking Time, Forward, and Halting in Quick Time
- M108.10 – Execute a Salute on the March
- M108.11 – Pay Compliments with a Squad on the March
- C108.01 – Execute Supplementary Drill Movements
- C108.02 – Participate in a Drill Completion
- M204.01 – Perform the Pacer (Beginning Year)
- M204.05 – Perform the Pacer (End Year)
- C204.01 – Perform the Pacer (Mid Year)
- M205.01 – Participate in Organized Recreational Team Sports
- M208.01 – Execute Left and Right Turns on the March
- M208.02 – Form Single File from the Halt
- C208.01 – Practice Ceremonial Drill as a Review
- C208.02 – Execute Drill with Arms
- C211.02 – Run on Alternate Terrain
- C211.03 – Fire the Cadet Air Rifle using a Sling Following Physical Activity
- C211.04 – Participate in a Competitive Summer Biathlon Activity
- C290.05 – Participate in a Hike
- M304.02 – Participate in the Cadet Fitness Assessment
- C304.01 – Participate in the Cadet Fitness Assessment
- M305.01 – Participate in Organized Recreational Team Sported
- M308.01 – Prepare a Squad for Parade
- M308.02 – Deliver Words of Command
- C308.01 – Execute Flag Drill
- C308.02 – Deliver Words of Command
- C311.01 – Practice Aiming and Firing the Cadet Air Rifle Following Physical Activity
- C311.02 – Participate in a Recreational Summer Biathlon Activity
- M404.01 – Participate in the Cadet Fitness Assessment
- M405.01 – Participate in Organized Recreational Team Sports
- M408.03 – Command a Squad
- M504.01 – Participate in the Cadet Fitness Assessment

Skills

Aircraft maintenance	Designing drill sequence	Instructional techniques
Aircrew survival	Effective speaking	Marksmanship
Aviation studies	Flying	Model building
Biathlon	First aid	Music training
Chess	Flag party	Orienteering
Camp craft	Gliding	Officiating and refereeing
Coaching a sports team	Ground school	

Note: This is meant to be a guide and not an exhaustive list of potential skills offered in the Air Cadet Program

Royal Canadian Army Cadets – D of E Program Equivalencies

Expeditions

- M224.04 – Identify Emergency Shelters
- M324.01 – Construct an Improvised Shelter
- M121.05 – Recognize Environmental Hazards
- M121.06 – Identify Environmental Injuries
- M221.04 – Perform Basic First Aid
- M122.01 – Identify Types of Maps
- M122.05 – Determine a Grid Reference
- M222.04 – Determine Distance Along a Route
- M322.02 – Calculate Magnetic Declination
- M222.02 – Describe Bearings
- M222.03 – Identify Compass Parts
- M222.06 – Follow a Magnetic Bearing Point to Point
- M121.08 – Apply “Leave No Trace” Camping
- C224.01 – Cook in the Field
- M121.01 – Select Personal Equipment
- M121.02 – Transport Personal Equipment
- M221.02 – Identify Section (group) Equipment
- M425.03 – Develop an Expedition Equipment List

Service

- M102.01 – Perform Community Service
- C102.01 – Participate in a Ceremonial Parade
- C102.02 – Perform Community Service
- M202.01 – Perform Community Service
- M302.01 – Perform Community Service
- M309.07 – Instruct a 15-Minute Lesson
- C309.03 – Instruct a 15-Minute Lesson
- C309.06 – Instruct a 15-Minute Drill Lesson
- M402.01 – Perform Community Service
- M409.05 – Instruct a 30-Minute Lesson
- C409.02 – Instruct a 30-Minute Lesson
- C409.03 – Act as an Assistant Instructor
- C409.05 – Act as an Assistant Drill instructor
- C409.06 – Instruct a 30-Minute Lesson
- 502PC – Perform Community Service
- 503PC – Conduct an Activity

Physical Fitness

- C104.01 – Participate in the Cadet Fitness Assessment
- M105.01 – Participate in Physical Activities
- C105.01 – Participate in Organized Sports Tabloids
- C105.02 – Participate in an Organized Intramural Sports Event
- C105.03 – Participate in an Orienteering Event
- M108.01 – Adopt the Position of Attention, Stand at Ease, and Stand Easy
- M108.02 – Execute a Salute at the Halt Without Arms
- M108.03 – Execute Turns at the Halt

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- M108.04 – Close to the Right and Left
- M108.05 – Execute Paces Forward and to the Rear
- M108.06 – Execute the Movements Required for Right Dress
- M108.07 – Execute an Open Order and Close Order March
- M108.08 – March and Halt in Quick Time
- M108.09 – Execute Marking Time, Forward, and Halting in Quick Time
- M108.10 – Execute a Salute on the March
- M108.11 – Pay Compliments with a Squad on the March
- C108.01 – Execute Supplementary Drill Movements
- C108.02 – Participate in a Drill Completion
- M123.02 – Participate in a Day Hike
- C111.04 – Participate in a Recreational Summer Biathlon Activity
- C123.03 – Participate in Snowshoeing
- M204.01 – Perform the Pacer (Beginning Year)
- M204.05 – Perform the Pacer (End Year)
- C204.01 – Perform the Pacer (Mid Year)
- M205.01 – Participate in Organized Recreational Team Sports
- M208.01 – Execute Left and Right Turns on the March
- M208.02 – Form Single File from the Halt
- C208.01 – Practice Ceremonial Drill as a Review
- C208.02 – Execute Drill with Arms
- C211.02 – Run on Alternate Terrain
- C211.03 – Fire the Cadet Air Rifle using a Sling Following Physical Activity
- C211.04 – Participate in a Competitive Summer Biathlon Activity
- M304.02 – Participate in the Cadet Fitness Assessment
- C304.01 – Participate in the Cadet Fitness Assessment
- M305.01 – Participate in Organized Recreational Team Sported
- M308.01 – Prepare a Squad for Parade
- M308.02 – Deliver Words of Command
- C308.01 – Execute Flag Drill
- C308.02 – Deliver Words of Command
- C311.01 – Practice Aiming and Firing the Cadet Air Rifle Following Physical Activity
- C311.02 – Participate in a Recreational Summer Biathlon Activity
- M326.02 a-c – Paddle a Canoe, Ride a Mountain Bike, Hike Along a Route
- M404.01 – Participate in the Cadet Fitness Assessment
- M405.01 – Participate in Organized Recreational Team Sports
- M408.03 – Command a Squad
- M426.02 a-e – Paddle a Canoe, Ride a Mountain Bike, hike Along a Route, Snowshoe Along a Route, Ski Along a Route.
- M504.01 – Participate in the Cadet Fitness Assessment

Skills

Biathlon	Effective speaking	Music training
Camp craft	First aid	Orienteering
Coaching a sports team	Flag party	Officiating and refereeing
Designing drill sequence	Knot tying	Survival training
Expedition skills	Instructional techniques	
Geocaching	Marksmanship	

Note: This is meant to be a guide and not an exhaustive list of potential skills offered in the Army Cadet Program

Royal Canadian Sea Cadets – D of E Program Equivalencies

Expeditions

- M423.01 – Identify Aspects of a Chart
- M423.03 – Describe Latitude and Longitude
- M423.04 – Plot a Fix
- C423.01 – Plot a Position Using a Three-Bearing Fix
- M423.02 – Use Navigation Instruments

Service

- M102.01 – Perform Community Service
- C102.01 – Participate in a Ceremonial Parade
- C102.02 – Perform Community Service
- M202.01 – Perform Community Service
- M302.01 – Perform Community Service
- M309.07 – Instruct a 15-Minute Lesson
- C309.03 – Instruct a 15-Minute Lesson
- C309.06 – Instruct a 15-Minute Drill Lesson
- M402.01 – Perform Community Service
- M409.05 – Instruct a 30-Minute Lesson
- C409.02 – Instruct a 30-Minute Lesson
- C409.03 – Act as an Assistant Instructor
- C409.05 – Act as an Assistant Drill instructor
- C409.06 – Instruct a 30-Minute Lesson
- 502PC – Perform Community Service
- 503PC – Conduct an Activity

Physical Fitness

- M105.01 – Participate in Organized Recreational Team Sports
- C105.01 – Participate in Organized Sports Tabloids
- C105.02 – Participate in an Organized Intramural Sports Event
- C105.03 – Participate in an Orienteering Event
- M108.01 – Adopt the Position of Attention, Stand at Ease, and Stand Easy
- M108.02 – Execute a Salute at the Halt without Arms
- M108.03 – Execute Turns at the Halt
- M108.04 – Close to the Right and Left
- M108.05 – Execute Paces Forward and to the Rear
- M108.06 – Execute the Movements Required for Right Dress
- M108.07 – Execute an Open Order and Close Order March
- M108.08 – March and Halt in Quick Time
- M108.09 – Execute Marking Time, Forward, and Halting in Quick Time
- M108.10 – Execute a Salute on the March
- M108.11 – Pay Compliments with a Squad on the March
- C108.01 – Execute Supplementary Drill Movements
- C108.CA – Participate in a Drill Completion
- C111.04 – Participate in Summer Biathlon Activity
- M204.01 – Perform the Pacer (Beginning Year)
- M204.05 – Perform the Pacer (End Year)

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- C204.01 – Perform the Pacer (Mid Year)
- M205.01 – Participate in Organized Recreational Team Sports
- M208.01 – Execute Left and Right Turns on the March
- M208.02 – Form Single File from the Halt
- C208.01 – Practice Ceremonial Drill as a Review
- C208.02 – Execute Drill with Arms
- C211.02 – Run on Alternate Terrain
- C211.03 – Fire the Cadet Air Rifle using a Sling Following Physical Activity
- C211.04 – Participate in a Competitive Summer Biathlon Activity
- M304.02 – Participate in the Cadet Fitness Assessment
- C304.01 – Participate in the Cadet Fitness Assessment
- M305.01 – Participate in Organized Recreational Team Sports
- M308.01 – Prepare a Squad for Parade
- M308.02 – Deliver Words of Command
- C308.01 – Execute Flag Drill
- C308.02 – Deliver Words of Command
- C311.01 – Practice Aiming and Firing the Cadet Air Rifle Following Physical Activity
- C311.02 – Participate in a Recreational Summer Biathlon Activity
- M405.01 – Participate in Organized Recreational Team Sports
- M408.03 – Command a Squad
- M504.01 – Participate in the Cadet Fitness Assessment

Skills

Biathlon	Colour party	Officiating and refereeing
Coaching a sports team	Instructional techniques	Power boating (SCOP)
Naval communications	Marksmanship	Rifle drill
Designing drill sequence	Music training	Sailing
Effective speaking	Navigation	Seamanship
First aid	Orienteering	Whaler training

Note: This is meant to be a guide and not an exhaustive list of potential skills offered in the Sea Cadet Program

Junior Canadian Rangers – D of E Program Equivalencies

Expeditions

Actions when lost or in an emergency
Personal bivouac site
Improvised shelters, sleds or harnesses
Orient and set up a tent
Emergency search
Staying safe in storms/weather – Risk associated with weather and temperature
Select and pack individual clothing and equipment (kit list)
Water/ice safety
Navigate by map / GPS
Safety equipment and procedures (for hand tools)
Personal first aid/survival kit
Local emergency services
Radio communications
Knots & Lashing

Service

Examine the attributes of being a good citizen
Volunteerism and community service
First Aid course
Elder care
Participating in a conservative project
Participating in a clean-up campaign
Teaching a traditional skill
Preparing for community activity
Refereeing of a game
Coaching a game
Support the JCRs as they work on assigned tasks

Physical Fitness

Participate in Physical Activities / Organized Sports (individual or team)
Participate in an Orienteering Event
Warm up/cool down for a sports event
Practice and perform ceremonial drill
Snowshoeing
Canoeing
Kayaking
Traditional sports (ex.: Inuit and Dene Games)

Skills

Tanning	Animal Calls	Knife Making
Animal Hide Tanning	Knitting	Carving
Medicinal Plant Identification	Fish Net Repair	Cooking Traditional Foods
Drumming / Cultural Music	Cultural Arts & Crafts	Traditional Food Gathering

Note: This is meant to be a guide and not an exhaustive list of potential skills offered in the JCR Program