



# COMPLETING YOUR ADVENTUROUS JOURNEY WITH A FAMILY MEMBER

## INTRODUCTION

Due to COVID-19, some participants will wish to complete the Adventurous Journey with family members. We have compiled a series of checklists to ensure all 13 Adventurous Journey Requirements are met and everyone involved understands their responsibilities.

Group work is an important part of the Adventurous Journey section. While you may not be able to complete the Adventurous Journey with a group of peers in person, you must still meet virtually to plan and prepare. You may not be journeying on the same route, but you will come together through any variety of virtual means to work on things like a Group Aim, Route Planning, Meal Planning, Emergency Planning, etc.

Once the group sessions are completed and the checklists have been reviewed, you will be ready to complete the journey with your family members. A family member may act as your AJ supervisor only, accompanying you on your physical journey. To better understand everyone's role in the journey, here is a quick description for each person's role

## PARTICIPANT

Please review the 13 Adventurous Journey Requirements and the Participant Responsibilities checklist before starting.

As the Participant, you will be involved in all aspects of the journey, from planning what route to take, preparing your meals, and reporting back to your Assessor. You are expected to take on a leadership role, guide the group from start to finish, and remain self-sufficient during the trip. During Covid-19 we want participants to get as close to these principles as they are able.

## SUPERVISOR (PARENT/GUARDIAN/FAMILY MEMBER)

Please review the Supervisor Responsibilities checklist to make sure you are prepared for your role and understand your duties.

As the Supervisor, your role is to ensure the safety of the group. You will be expected to assess the participant's Practice Journey and their readiness to undertake the qualifying journey. Your role is not to guide, this should be left to the participant. You should not intervene in any decisions the participant makes, unless safety is at risk. The participant must be self-sufficient and take the lead.

## ASSESSOR

The area most participants find difficult is the final report of their AJ. Templates for AJ reports are available to help participants who are struggling with their group report. Please contact the Award Leader or divisional office for these support materials if required.

As the Participant's Assessor, your role will be to ensure they complete all 13 of the Adventurous Journey requirements during their trip. You do not need to be present on the journey; however, you must arrange with the participant prior to their journey, how you will validate their efforts throughout the duration of the trip. The Assessor cannot be a family member of the Participant.

## AWARD LEADER'S ROLE

As the Leader, you may wear several different hats and play a number of different roles. Please review the 13 Adventurous Journey Requirements, the Participant Responsibilities checklist, the Supervisor Responsibilities checklist, and the Assessor Responsibilities checklist.