



HOW TO WRITE YOUR ADVENTUROUS JOURNEY REPORT

Aside from setting up and completing your Adventurous Journey in the Online Record Book, you must also prepare and upload an **Adventurous Journey Report** as a group.

The Adventurous Journey Report does not have to be formal, or in this format; it is simply a way of telling us what your group did on the trip, how you prepared for it, and what kind of experiences you had. This is not a school test or assignment; we are not marking for grammar. As long as it includes the information below, it can be on this template, a slideshow, Prezi, video, blog, photobook, audio recording... the sky is the limit! Just talk to us and tell us about your adventures - we are genuinely interested!

First, write about your **Group and preparation**

- Who are the group members?
- Are they all also working towards an Award?
- What was your group's AIM? (ensure it is SMART)
- Did you all complete your preliminary training?
- What did you do and when?

Next, write about your **Practice Journey**

- Where did you go for your Practice Journey? When did you go?
- What did you do?
- What did you learn in preparation for your Qualifying Journey? Recommended: 1-2 paragraphs

Next, write about your **Qualifying Journey**

- Where did you go? When did you go?
- How did you get there?
- What did you do while you were on the trip?
- How far did you travel (under your own power)?
- What did you learn? What did you experience?
- What was most challenging about this journey?
- What would you do differently next time?
Recommended: 1-2 pages for Bronze, 2-3 pages for Silver, 3-4 pages for Gold

If you did an **Exploration** be sure to add:

- A summary of your pre-trip research (how did you learn about your topic before the trip?)
- A description of your study (how did you explore your topic while on the trip?)
- The findings of your study (what did you discover as a result of your study?)

Over the next couple pages, we have provided a template for your report.

REMEMBER! You can upload your Adventurous Journey report in any format, it can be written, it can be a video presentation – let your creativity shine through and use the skills of the whole group.

Adventurous Journey Report Template

Answer all the items below.

Group Name and Members:

Award Level:

Preparation

Preliminary training completed by all group members. Date(s):

SMART Group aim:

Practice Journey

Practice Journey Date(s):

Location:

Mode of journeying under you own power: (i.e. hike, canoe, kayak, cycle, etc....)

Number of hours travelled per day on your own power:

What did you do on your Practice Journey? [Description of Practice Journey]

How did it help you prepare for your Qualifying Journey?

Qualifying Journey

Journey Date(s):

Location:

Mode of journeying under you own power: (ie hike, canoe, kayak, cycle, etc....)

What inspired you to choose this particular journey?

What was your favourite part about this journey? Why?

What was the most challenging part of the Journey?

What would you do differently next time? Why?

What did you experience? A daily log describing each day of the trip may be useful here

[Day 1]

[Day 2]

[Day 3 (if needed)]

[Day 4 (if needed)]

Route maps, group meal plans, itinerary, emergency plans must be produced and shared with your Assessor and Supervisor as part of your planning. Uploading these to ORB as part of your planning is crucial and helps with communication, and you may also wish to refer to these documents within your report.

HOW TO UPLOAD!

Save this document. To upload and Adventurous Journey materials to ORB, on the left-hand side of your individual profile, click on the appropriate Adventurous Journey (Practice or Qualifying). From the 3 tabs ("Report", "Overview" and "Files"), click "Report". Add a short write up and then upload files (PDF and DOC files only!). Be as creative as you like, file sizes each max. 10MB.