



Top 10 Reasons You Should Do The Duke of Edinburgh's Award

1. Explore New Passions

The Award challenges young people to try new things and become involved in activities they are passionate about. It's great to be recognized for working at something you love to do!

3. It's a Marathon, not a Sprint

The Duke of Ed cannot be completed quickly. It's all about sustaining activities and developing good habits. It takes commitment to see it through and earn something over the long term.

5. Flexible Program

The Duke of Ed program can be completed in a variety of different ways. Many activities you are already involved in can be counted towards the Award, and the program is completely inclusive for all youth ages 14 to 24.

7. Great for Applications

Whether applying for post-secondary education or for a job, a Duke of Ed Award shows commitment, achievement, as well as dedication to a variety of activities.

9. It's Progressive

As you grow, The Award grows with you. At Bronze you may need a lot of help from your Award Leader. At Silver, you can be more independent and by Gold you can build your own experience.

2. It's a Process, not a Prize

The Award is a process of personal and social development; the activities are a means to this end. You learn from the new experiences you have and discover hidden capabilities and talents.

4. Non-academic & Non-competitive

The Award recognizes that there are a lot of aspects to a well-rounded person, including achievements outside the classroom. Anyone who puts in the effort will receive the Award, so you can collaborate with your peers instead of competing with them.

6. It Teaches Responsibility

It's up to each individual to ensure they stay on track and that all the Award requirements are met. It's more than just completing the activities.

8. Connect with the Community

By meeting people, volunteering and being active, you become invested in your community and develop long lasting friendships and connections.

10. Why Not?

With everything that you'll get out of earning the Award, give us one good reason why not to do it!

Find out more at dukeofed.org/on

