



Adventurous Journey (AJ) - Overview & Resource List

Objective: The purpose of this document is to guide Adults Delivering the Award on how to support participants in safely planning and executing an AJ. This document is sectioned into four stages: Brainstorm, Plan, Journey and Review which are involved in the successful development and implementation of an AJ.

Stage 1: AJ Brainstorm		
Objective: To help your participants brainstorm ideas and design their AJ		
Outline of what needs to be established	Helpful resources	Parameters to consider before starting with participants
Budget/funding for the Journey.	Guidance for Adults Delivering the Award: Helping Participants Design Their AJ – Brainstorm Section: Tools to help Adults Delivering the Award engage youth practically on brainstorming ideas for their AJ.	Review the Adventurous Journey Requirements/ Guidelines.
Who is attending.	Overview of Adventurous Journey Options: Provides a quick overview to help identify the type of AJ that will be done and what needs to be decided by the team.	Consider the abilities and experience of participants
Location.	Example Library: Real life examples of AJ's that work—goals, routes, example reports, past AJ examples, daily schedules.	Consider the resources, adults, equipment and funds available that may affect the journey location and activities.

Duration.	Adventurous Journey Requirements: The 10 guidelines to follow for the AJ.	Consider the amount of involvement participants will have in this stage.
Activity and mode of travel.	Award Flexibilities: Flexibilities available that may be used on a case-by-case basis.	Provide examples of what other participants have done in the past.
Receiving approval for their AJ idea from the Award Leader.	Adult Roles in the Adventurous Journey —A document that lists the adults that may be involved in an Adventurous Journey and what role they play.	Ensure participants are aware of the minimum AJ requirements.

Stage 2: Plan		
Objective: To help your participants properly plan out the logistics of their AJ		
Outline of what needs to be established	Helpful resources	Parameters to consider before starting with participants
Coming up with a Team Goal and Purpose.	Guidance for Adults Delivering the Award: Helping Participants Design Their AJ – Plan Section: Tools to help Adults Delivering the Award engage youth on planning their AJ.	Ensuring the AJ idea is realistic and challenging for the team before starting to plan.
Resources, equipment, supplies and materials (i.e., gps, permits, maps, food, cooking equipment, accommodations).	Planning Guide: A complete guide for planning the AJ as a team with guidance and linked examples.	Consider the amount of involvement from Adults Delivering the Award in this stage.
Skills and training.	Team Goal Builder: How to build a team goal and what to include. Includes examples of Practice and Qualifying Journey team goals.	Consider the amount of involvement participants will have in this stage and what they will be responsible for.

Safety plans.	Adventurous Journey Packing List: A suggested list of items to consider when packing individual and team gear/equipment for the journey.
Who is the Assessor/Supervisor(s) for the journey is.	Best Practices Library: Considerations when choosing a type of AJ (Urban, Standard, Virtual, TAP, etc.), safety plans, how to find accommodations, packing lists for different types of Journeys, co-curricular approach (complementing the regular school curriculum to an all-round education).
Receiving approval for their AJ plan from Adults Delivering the Award involved.	

Stage 3: Journey (Practice & Qualifying)		
Objective: Participants embark on their fun, safe AJ		
Outline of what needs to be established	Helpful resources	Parameters to consider before starting with participants
Embark on the PJ and QJ	Best Practices Library: Considerations when choosing a type of AJ (Urban, Standard, Virtual, TAP, etc.), safety plans, how to find accommodations, packing lists for different types of Journeys, co-curricular approach (complementing the regular school curriculum to an all-round education).	Ensure the review of the PJ is built into the plans and approved by the Supervisor/Assessor before doing the QJ.

<p>Follow guidelines they outlined during the planning phase.</p>		<p>Participants should take notes in a journal/logbook each day of the Journey to make the review section easier (i.e., group journal with a quick debrief once a day).</p>
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<p style="text-align: center;">Stage 4: Review</p>		
<p style="text-align: center;">Objective: The debrief of the AJ where participants reflect on their experience and assess whether they met their goals and what they've learned.</p>		
<p>Outline of what needs to be established</p>	<p>Helpful resources</p>	<p>Parameters to consider before starting with participants</p>
<p>Evaluate and reflect on what has been accomplished.</p>	<p>AJ Debriefing Report: A suggested template for the PJ and QJ to help with the AJ debrief for the team to fill out after their AJ. Award Leaders and teams decide if a report/presentation is necessary and incorporate it into their team goal if agreed upon.</p>	<p>The AJ debriefing report is meant to be evaluated as a team. The Supervisor will do the Practice Journey report and the Assessor will do the Qualifying Journey Report.</p>
<p>Assessor or Supervisor will assess whether they achieved their goals and if the process went as planned.</p>	<p>Adventurous Journey Group Assessor Report (PJ & QJ): A document that allows an Adventurous Journey Supervisor and/or Assessor to sign-off on the team's Practice and Qualifying Journey once, instead of completing it for each individual participant through the ORB.</p>	
<p>If required by Award Leader, they can complete and</p>		

submit a team debriefing report.

Other Helpful Resources:

Example Library – Schedules, goals, filled out planning guide, budgets, debriefing reports.

Running Virtual Journeys - Bronze Virtual Journey, semi-virtual options (Bronze & Silver).

TAPs/Service Providers – A directory on our website which serves as a guide for Award Leaders, participants and parents/guardians to use when considering options for completing the Adventurous Journey section.

AJ Grants & Opportunities – A list of available grants and opportunities for the AJ on our website.