



Adventurous Journey (AJ) Debriefing Report

In addition to finishing your Adventurous Journey in the Online Record Book, you must also complete an Adventurous Journey Report/Debrief as a team.

This isn't meant to be formal; it's your team's way of sharing what you did on the trip, how you prepared for it and what you learned. We want to know more about the adventure and what impacted your team!

Decide with your team and Assessor the format for your debrief (i.e., debrief template, team meeting, slideshow, video, blog, photobook, audio recording etc.) and whether it needs to be uploaded on the ORB. Your team may also choose to upload your planning guide, daily team logbook, pictures, etc. Simply share your awesome experiences – we're eager to hear all about it!

Practice Journey Debrief	
An opportunity to change or modify your Qualifying Journey plans and details with your Supervisor. The debrief should be completed as soon as possible after your Practice Journey.	
Team meeting with your Supervisor to review your Practice Journey.	
Date of Debrief: 2024-06-15	
<i>Please note, the Supervisor is responsible for completing the assessment for the team's Practice Journey on the ORB.</i>	
	Notes:
What went well? What do you want to continue to see on the Qualifying Journey?	Our use of maps was great and really helpful when it came to navigating our way around the city. It was useful that we all made sure our equipment (bikes, bike gear) were in good working condition before the Practice Journey so we did not have to stop for that reason to fix or adjust anything. We would make sure to do this again and spend a little more time on our equipment before the QJ.

<p>What was challenging? <i>(for individuals and the team)</i></p>	<p>Biking continuously from place to place for almost the whole time was a challenge. I think that for our QJ, we need to plan more rest stops in between each public space and make sure that the whole group is drinking enough water and eating snacks if needed during those stops. We found that we had to take a bunch of time once we got to a public space to rest for a bit because we did not allow for more rest while cycling.</p>
<p>Is there any other training or skills your team needs to safely complete the Qualifying Journey?</p>	<p>Plan more rest stops for water and snacks. We did not account for needing more time for that. Learning a little more about bike equipment and cycling safety on busy city streets before we complete our QJ would be very helpful as well.</p>
<p>Any other comments or notes?</p>	

Qualifying Journey Debrief

An opportunity to review the Qualifying Journey with your team and Assessor to learn more from the experience. Talk to your Assessor and team about how you will complete your Adventurous Journey Debriefing Report and submit it. Your Adventurous Journey Debriefing Report will need to be submitted to your Assessor before they can complete the Assessor Report on the ORB. The debrief should be completed as soon as possible after your Qualifying Journey.

Team meeting with your Assessor to review your Qualifying Journey.

Date of Debrief: 2024-06-24

Please note, the Assessor is responsible for completing the Assessor Report for the team's Qualifying Journey on the ORB.

	Notes:
What did you do?	Biking through the city of Vancouver by visiting a series of different public spaces and examining how they are used and their purpose.
What went well? What are you proud of?	We are proud that we took our experiences from the Practice Journey and used what we learned to make the QJ more comfortable. We planned more breaks and therefore were allowed more time at each public space to observe and work together on our research.
What was challenging? <i>(for individuals and the team)</i>	Setting up our tent and preparing to sleep out for the night took a bit longer than we anticipated. Once it was done, we also found that we stayed up a little too late and did not think about how the lack of sleep might affect us the next day during our travels. That was a bit challenging and we definitely learned that proper sleep is key!

<p>Did you accomplish your team goal?</p>	<p>Yes, we were able to work together as a group and learn how different public spaces are used in our city. We worked together to create an informative presentation for our classmates and it went over well.</p>
<p>What would you do differently for future journeys?</p>	<p>Plan more rest breaks and not stay up so late. Also to make sure we fully research proper safety protocols when it comes to cycling on busy roads. We did learn some stuff before our PJ but probably could have spent more time on that aspect if we decide to do something like this again.</p>
<p>What stood out? What did you learn? What are your take-aways from this experience?</p>	<p>We learned about public spaces and how people use them which was interesting. We also learned about ourselves during this experience, as we pushed our limits each day. Working together as a group had its moments but with proper communication we found that our group dynamic improved immensely. It was a fun challenge!</p>
<p>Any other comments or notes?</p>	